



ILLINOIS
CHAPTER

AMERICAN COLLEGE of CARDIOLOGY®



ILLINOIS CHAPTER ACC ANNUAL SYMPOSIUM

May 9, 2026
Abraham Lincoln Presidential Library and Museum

An Invitation To Our Colleagues

Dear Colleague,

We invite you to join us and our outstanding faculty for Illinois ACC Annual Symposium on Saturday, May 9, 2026, at The Abraham Lincoln Presidential Library and Museum in Springfield, IL. This Symposium features a great program with speakers focused on cardiovascular innovation benefiting all members of the cardiovascular care team.

The meeting is designed for cardiovascular physicians, nurses, administrators, allied health personnel, cardiovascular fellows-in-training and residents from across Illinois. Members of the healthcare team provide care for patients with cardiovascular health needs in a wide variety of environments affecting the lives of countless patients and families. Our knowledge of the cardiovascular system and its interactions between various other organ systems continues to evolve. As the overall care of the patient with cardiovascular disease becomes increasingly complex, it is imperative that the cardiovascular professional team remain current on the diagnosis and treatment of heart disease. We encourage you to post this registration brochure for members of your cardiovascular care team and encourage them to attend this outstanding educational opportunity. Program brochures and registration can be found on the Chapter's website at www.ilacc.org.

Benjamin H. Freed, MD, FACC, FASE

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ACCREDITATION INFORMATION

Statement of Need:

The entire Cardiovascular (CV) Team needs this activity in order to be up to date on the most current treatment modalities for their patients.

Overall Goal:

Overall, the entire CV Team is responding to the ever-changing healthcare environment and new treatment options for their patients. This activity will increase their knowledge of these new treatment options for the entire CV Team.

Target Audience:

Physicians, Nurses, Physician Assistants, Nurse Practitioners, Pharmacists and the entire CV Team.

Learning Objectives:

Evaluate current cardiovascular advocacy priorities by summarizing recent legislative developments, identifying ongoing challenges, and explaining their implications for healthcare systems and patient access to cardiovascular care.

Apply updated hypertension guideline recommendations to clinical scenarios, including risk stratification, use of the PREVENT calculator, stepwise pharmacologic therapy, and identification of secondary causes of hypertension.

Integrate artificial intelligence applications into cardiovascular practice by selecting appropriate clinical use cases, addressing legal and ethical considerations, and leveraging data-driven tools to improve care delivery and efficiency.

Interpret results from recent high-impact cardiovascular clinical trials and incorporate relevant findings into evidence-based clinical decision-making.

Compare and implement contemporary cardiovascular guideline recommendations (e.g., dyslipidemia, valvular disease, pulmonary embolism, and cardiovascular disease in pregnancy) to optimize individualized patient management.

Incorporate emerging cardiovascular prevention strategies—including Lp(a) screening, advanced imaging for risk assessment, inflammation management, and cardiac rehabilitation—into practice to improve population health outcomes and reduce disease burden.

Exhibitor Acknowledgment

At the time of printing, a complete listing of industry supporters was not available. Appropriate acknowledgment will be made upon confirmation of support at the time of the course.

Accreditation



In support of improving patient care, the American College of Cardiology Foundation (ACCF) is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC) to provide continuing education for the healthcare team.

Joint Providership Statement:



This activity has been planned and implemented in accordance with the accreditation requirements and policies of Joint Accreditation (JA) through the joint providership of the American College of Cardiology Foundation and the Oklahoma Chapter of the American College of Cardiology. The American College of Cardiology Foundation is accredited by Joint Accreditation to provide continuing medical education for the healthcare team.

Physicians:

The ACCF designates this live educational activity for a maximum of 10.25 AMA PRA Category I Credit(s)[™]. Physicians, nurses and pharmacists should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 10.25 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) Program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

AAPA Credit Designation Statement – Live



The American College of Cardiology Foundation has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 10.25 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.

Interprofessional Continuing Education (ICPE) Credit:



This activity was planned by and for the healthcare team, and learners will receive 10.25 Interprofessional Continuing Education (IPCE) credits for learning and change.

ACCREDITATION INFORMATION

Disclosure Information

As a provider jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), the American College of Cardiology Foundation (ACCF) must ensure balance, independence, objectivity, and scientific rigor in all of their directly provided or jointly provided/co-provided educational activities. Planners, presenters, and other contributors, in a position to control the content are required to disclose to the audience all relevant financial relationships he/she and/or his/her spouse or domestic partner may have, occurring within the past 24 months, with any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients. When an unlabeled use of a commercial product or an investigational use not yet approved for any purpose is discussed during an educational activity, the contributor should disclose that the product is not labeled for the use under discussion or that the product is still investigational.

ACCF is committed to providing its learners with high-quality activities and materials that promote improvements and quality in health care and not a specific proprietary business or commercial interest. The intent of this disclosure is not to prevent participation in educational activities by persons with a financial or other relationship, but rather to provide learners with information on which they can make their own determination whether financial interests or relationships may influence the education activity.

ACCF assesses conflicts of interest (COI) with its faculty, planners, managers, staff, and other individuals who are in a position to control the content of certified activities. All relevant potential conflicts of interest that are identified are thoroughly vetted by course directors, ACCF education staff, and members of the Accreditation Compliance Workgroup (ACWG) through a process that includes appropriate peer review for fair balance, scientific objectivity and validity, and patient care and safety recommendations.

ACCF has taken the necessary steps to ensure that all relevant financial relationships have been mitigated.

Please note ACCF staff and the ACWG members involved with this activity have nothing to disclose, unless otherwise noted.

Credit and Course Evaluation:

Your feedback from this American College of Cardiology (ACC) educational course will help us to better target ACC educational initiatives and efforts to support you and your future learning needs. In order to receive your CME, CNE, CPE, PA, and/or MOC certificate or certificate of attendance, and to claim your MOC points you must complete a brief evaluation survey online. This survey will be sent via email and will include a direct link to the survey. We strongly recommend that evaluations and credit claims be submitted within **one month** of the course, but **you must complete them within three months of the course.**

ACC certifies each course only for the credit types for which the activity meets accreditor requirements. If your profession's credit type is not listed for a given course, you may still claim a Certificate of Participation. This certificate includes the AMA Credit Designation Statement that many boards and professional organizations use to award equivalent credit upon learner submission. Once you complete the course evaluation, you will be able to generate either your profession's designated certificate (if available) or a Certificate of Participation (COP). In both cases, you must use that certificate to self-report credit to your licensing or certifying body. Before enrolling in a course, you should confirm with your own licensing or certification board that they accept AMA credit as an equivalent credit towards your professional requirements.

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FRIDAY, MAY 8, 2026 – AGENDA

6:00 – 7:00 pm **Networking & Dinner**

7:00 – 7:05 pm **Welcome & Introductions** *Benjamin Freed, MD*

Advocacy Updates

7:05 – 7:25 pm **Sharing our Advocacy Story: Wins, Asks and Challenges on the Horizon**
Therese Guida, MSN, RN; Abdul Moiz Hafiz, MD

7:25 – 7:45 pm **Impact in Action: Our Chapter's Social Justice Outreach Efforts** *Nausheen Akhter, MD*

Keynote Speaker

7:45 – 8:45 pm **History of Twinning between ACC Domestic Chapters and International Chapters & Shared Legacy of the Irish Cardiac Society and the American College of Cardiology**
John Gordon Harrold, M.D., MACC

SATURDAY, MAY 9, 2026 - AGENDA

7:00 – 8:00 am	Registration/Breakfast/Exhibitors
8:00 – 8:10 am	Welcome & Introductions <i>Benjamin Freed, MD</i>
Pressure Points: What is in The New Hypertension Guidelines	
8:10 – 8:20 am	What is New in the Hypertension Guidelines <i>Sadiya Khan, MD</i>
8:20 – 8:25 am	Case Presentation <i>Shruti Parekh, PA-C</i>
8:25 – 8:40 am	Panel Discussion: PREVENT Calculator in Decision Making, Stepwise Therapy Approaches, When To Suspect and Test for Secondary Causes, and Sequencing and Optimization of Therapy <i>Sadiya Khan, MD., John Flack, MD, Vanessa Rowe, NP</i>
8:40 – 8:45 am	Resistant HTN <i>John Flack, MD</i>
8:45 – 8:55 am	Summary of RDN Outcomes and How To Rule Out Secondary Causes of HTN/When to Refer for RDN <i>Vanessa Rowe, NP</i>
8:55 – 9:10 am	Group Q&A/Practical Take Aways <i>Sadiya Khan, MD; John Flack, MD; Vanessa Rowe, NP</i>
From Algorithms to Arrhythmias: Artificial Intelligence in Cardiology	
9:10 – 9:20 am	ABCs of AI: Basics of Cardiology <i>Heather Whitney, MD</i>
9:20 - 9:35 am	The Realities of Clinical AI Implementation and Impact <i>Tom Maddox, MD</i>
9:35 – 9:45 am	Smarter Soundwaves: Advancing Echocardiography with AI <i>Hema Krishna, MD</i>
9:45 – 10:00 am	Panel Discussion <i>Heather Whitney, MD, Tom Maddox, MD; Hema Krishna, MD</i>
10:00 - 10:15 am	Break/Exhibitors
10:15 – 11:00 am	2025 Top 10 Clinical Trials <i>Rami-Al-Ayyubi, MD; Ayesha Abbasi, MD; Dennis Kumi, MD; Rohan Gajjar, MD; Andrii Labchuk, MD</i>
Something For Everyone: Breakout Sessions	
11:00 – 11:45 am	Brewing the Business of Cardiology: A Genius Bar Conversation <i>Cathie Biga, MSN; Jacob Corbell, MBA; Mahesh Raju, MD; Amy Brownell, FNP</i>
11:00 – 11:45 am	Starting a Specialty Clinic: Cardio-Oncology, Women's Heart Center, Valve Center, Community Hospital Experience, and Metabolic Disease <i>Annabelle Volgman, MD; Nausheen Akhter, MD; Venkat Anjan, MD; Richard Weinberg, MD</i>
11:00 – 11:45 am	Career Development for Trainees <i>Greg Mishkel, MD; Pantila Bateman, MD; Amber Johnson, MD; Peter Glynn, MD, Molly Altenburg, MD, Jeremy Slivnick, MD, Preeti Kansal, MD</i>
Bridging Rhythm and Function: Electrophysiology and Heart Failure	
11:45 – 12:05 pm	Atrial Fibrillation & Heart Failure Management: New Technologies <i>Ziad Issa, MD</i>
12:05 – 12:25 pm	Debate: Left Atrial Appendage Occlusion Implants <i>Alex Green, MD; Annabelle Volgman, MD</i>
12:25 - 12:35 pm	Discussion/Questions
12:35 - 1:20 pm	Lunch/Exhibitors

SATURDAY, MAY 9, 2026 - AGENDA

The Cutting Edge of Cardiology

- 1:20 - 1:30 pm** **The Case for Complete Revascularization: It Is Not All Show and Tell**
Tony DeMartini, MD
- 1:30 - 1:40 pm** **Who Cares about PE Therapies and Why? A Short, but Comprehensive Review**
Aviral Vij, MD
- 1:40 - 1:50 pm** **Early TAVR** *Mahesh Raju, MD*
- 1:50 - 2:10 pm** **Debate: Make Me A Believer in Tricuspid Valve Interventions** *Gaurav Dahr, MD; Mark Ricciardi, MD*
- 2:10 - 2:25 pm** **Discussion** *Gaurav Dahr, MD; Mark Ricciardi, MD, Tony DeMartini, MD, Aviral Vij, MD*

Advances in Cardiovascular Disease in Women

- 2:25 - 2:45 pm** **Menopausal Hormone Therapy and Cardiac Risk MINOCA and MHT: Navigating Between the Guidelines** *Molly Altenburg, MD, Katarina Fabre, MD*
- 2:45 - 3:00 pm** **Panel Discussion** *Andrea Brasch, MD; Annabelle Volgman, MD; Patti Vassallo, MD, Pantila Bateman, MD; Priya Freaney, MD, Hena Patel, MD*
- 3:00 - 3:15 pm** **Menopausal Hormone Therapy and Cardiac Risk Didactic** *Priya Freaney, MD*

The Guideline Roundup: Key Cardiovascular Recommendations Shaping Practice

- 3:15 - 4:00 pm** **Dyslipidemia Guidelines 2026** *Rukmini Roy, MD*
- PE Guidelines 2025** *Dennis Kumi, MD*
- ESC Valve Guidelines 2025 Comparison to ACC/AHA Valve Guidelines** *Ellis Kim, MD*
- CV Disease and Pregnancy Guidelines 2025** *Ayesha Abbasi, MD;*

Stop in the Name of Heart Health! Advances in Cardiovascular Disease Prevention

- 4:00 - 4:05 pm** **Primary Prevention Case Presentation** *Kelsey Danley, MD*
- 4:05 - 4:11 pm** **Why Check for Lp(a)** *Alan Brown, MD*
- 4:11 - 4:26 pm** **Debate: Use of Imaging for Risk Stratification (CAC vs. CTA +/- Plaque Analysis)**
Amit Pursnani, MD; Menhel Kinno, MD
- 4:26 - 4:31 pm** **Secondary Prevention Case Presentations** *Aishwarya Anweri, MD*
- 4:31 - 4:36 pm** **Cardiac Rehabilitation** *Melissa Tracy, MD*
- 4:36 - 5:00 pm** **Role of Inflammation and Choices of Preventive Therapies in Clinical Practice in 2026** *Alan Brown, MD; Richard Weinberg, MD; Peter Toth, MD; Molly Altenburg, MD; Nataliya Pyslar, MD*

Closing

- 5:00 - 6:00 pm** **Reception**

Schedule and Speakers Subject To Change.

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YOU WILL BE INFORMED TWO WEEKS BEFORE THE EVENT IF YOU WILL BE RECEIVING A COMPLIMENTARY TRAIN TICKET.

REGISTRATION FEES

ACC Physician Member	\$125
Non-Member	\$195
ACC CV Team Member	\$50
ACC Admin Member	\$50
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Fellow- In- Training (<i>Must Register</i>)	\$0
Resident/Student (<i>Must Register</i>)	\$0

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Springfield, IL 62701

<https://www.hilton.com/en/attend-my-event/ilchaptamer-collegeofcardiology2026/>

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CANCELLATION POLICY: Requests for cancellation received no later than 5 p.m. on Friday, April 24, 2026, will be refunded, minus a \$15 administrative fee. Cancellations after that time may not be refunded.

ILLINOIS CHAPTER ACC ANNUAL SYMPOSIUM

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