



ILLINOIS
CHAPTER

AMERICAN COLLEGE
of CARDIOLOGY®

PREVENTION SECTION DINNER

Beyond the Heartbeat; Mastering the Metabolic Engine

Wednesday, April 29, 2026

Target Audience: General and Advanced Fellows in Training,
General Cardiologists, Advanced Practice Nurses.
Everyone is Welcome!

5:30-6:00 PM: Registration/Intro/Meet & Greet

6:00 PM: Opening Remarks

6:10 PM: South Asian Cardiovascular Health

Nishant Patel, MO Advcoate Lutheran

7:10 PM: Break

7:25 PM: Cardiometabolic Syndrome; Food is Medicine

TBD-Speaker

8:25 PM: 2026 Lipid Updates

TBD-Speaker

9:00 PM: Conclusion